**Writing a critical review**

Introduction:

The article named “Managing yourself” is written by Kerry Goyette, who is a certified professional behavior analyst. It was published on January 23, 2020 and mainly refers to 6 Habits that can hurt your career. Moreover, it also describes the solution that is; how to overcome them. The key argument of the article is in finding the solution to the major problems which cause damage to your career. In conclusion, the author advises to figure out the personality traits that are hindering one from progress or if they are unable to do so, they should ask a mentor, friend or someone close to help them out so that they are able to improve on themselves.

Summary

The major issues highlighted are character traits for example; how someone avoids confronting any matter at hand. The most common example of this is when you avoid asking your teacher a question about any concept which wasn't made clear to you just because of peer pressure or what others would think. Impulsiveness is usually found in decision-making. Apart from this, shifting the blame to someone else is the most common disease and exists in almost every single human being. In addition to this, the hunger for power and insisting to take over control can give a dark route to your career because it varnishes the friendly environment. Trying to be perfect can be as substandard as the above mentioned features. The author is straightforward and the article is coherent so it creates a clear picture in the reader's mind as the writer shifts from one trait to another while giving examples

Critique

The most important conclusion I made was that the writer was clear in his stance that anyone should avoid these 6 bad roads in order to avoid a muddy destination. Apart from that, asking help from someone who is close with you was quite obvious.The article was more negative than positive because he didn't show the bright side of people who did avoid these habits and enjoyed a remarkable career.

The writer also gave a brief intro at the start of the article which gave the readers an idea what the article is going to be about. Written in such a way, anyone could guess the writer is a professional behavior analyst.

The article could have been much better if the author gave more examples about each feature and also explained how to remove these impurities from your set of character traits.

Conclusion

In conclusion, it was a well written article all in all and informative as well. Moreover, the writer also included conclusions of reliable studies. On top of that, he mentioned those habits which derail someone from reaching a perfect destination.